



EXCELLENCE in **Child Mental Health**

Cutting edge topics by outstanding speakers

On the occasion of Excellence in Paediatrics

Stand-alone event, Friday 3 December 2010, London

FINAL PROGRAMME

www.excellence-in-child-mentalhealth.org



C&C International
Group of Companies

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Word of Welcome



Dear Colleagues and Friends,

It is a great pleasure to welcome you to the Excellence in Child Mental Health one-day event in London on the occasion of Excellence in Paediatrics.

This is a pre-launch event of the Excellence in Child Mental Health conference, which will be inaugurated in December 2011 in Istanbul and will rotate on an annual basis among mainly European cities. The conference aims at providing its attendees with developing scientific knowledge that can be applied in everyday clinical practice across the world.

Excellence in Child Mental Health had been exclusively designed for child psychiatrists (fully qualified or trainees), allied health professionals (nurses, social workers, psychologists), clinical scientists and community and hospital paediatricians with a specific interest in child mental health. You are encouraged to actively participate in all the sessions to get the most out of this unique gathering of experts.

To ensure maximum interaction and networking, this year's pre-launch event is limited to 250 delegates. Delegates will have the additional opportunity to attend selected sessions of Excellence in Paediatrics, which are related to child mental health.

Outstanding international speakers have joined the Faculty and will deliver interactive and networking sessions, ultimately aimed at generating state of the art guidance on topics related to Child Mental Health.

I wish you a fruitful and enjoyable stay in London and hope that our efforts will exceed your expectations.

With best wishes,



Panos Vostanis

*Professor of Child Psychiatry
University of Leicester, United Kingdom
Chair of the Scientific Advisory Board*

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CONFERENCE INFORMATION

Scientific Advisory Board

Chair

Panos Vostanis

Professor of Child Psychiatry, University of Leicester, Greenwood Institute of Child Health, Leicester, UK

Members

Elena Garralda

Professor of Child and Adolescent Psychiatry, Imperial College London, St. Mary's Campus, London, UK

Helmut Remschmidt

Professor Emeritus, Head of the Department of Child and Adolescent Psychiatry, Philipps-University, Marburg, Germany

Hans Steiner

Professor Emeritus of Psychiatry, Stanford University, School of Medicine, Stanford, California, USA

Frank Verhulst

Professor, Netherlands Institute for Health Sciences, Director, Child and Adolescent Psychiatry, Erasmus University and Sophia Children's Hospital, Rotterdam, The Netherlands

Conference Organisers

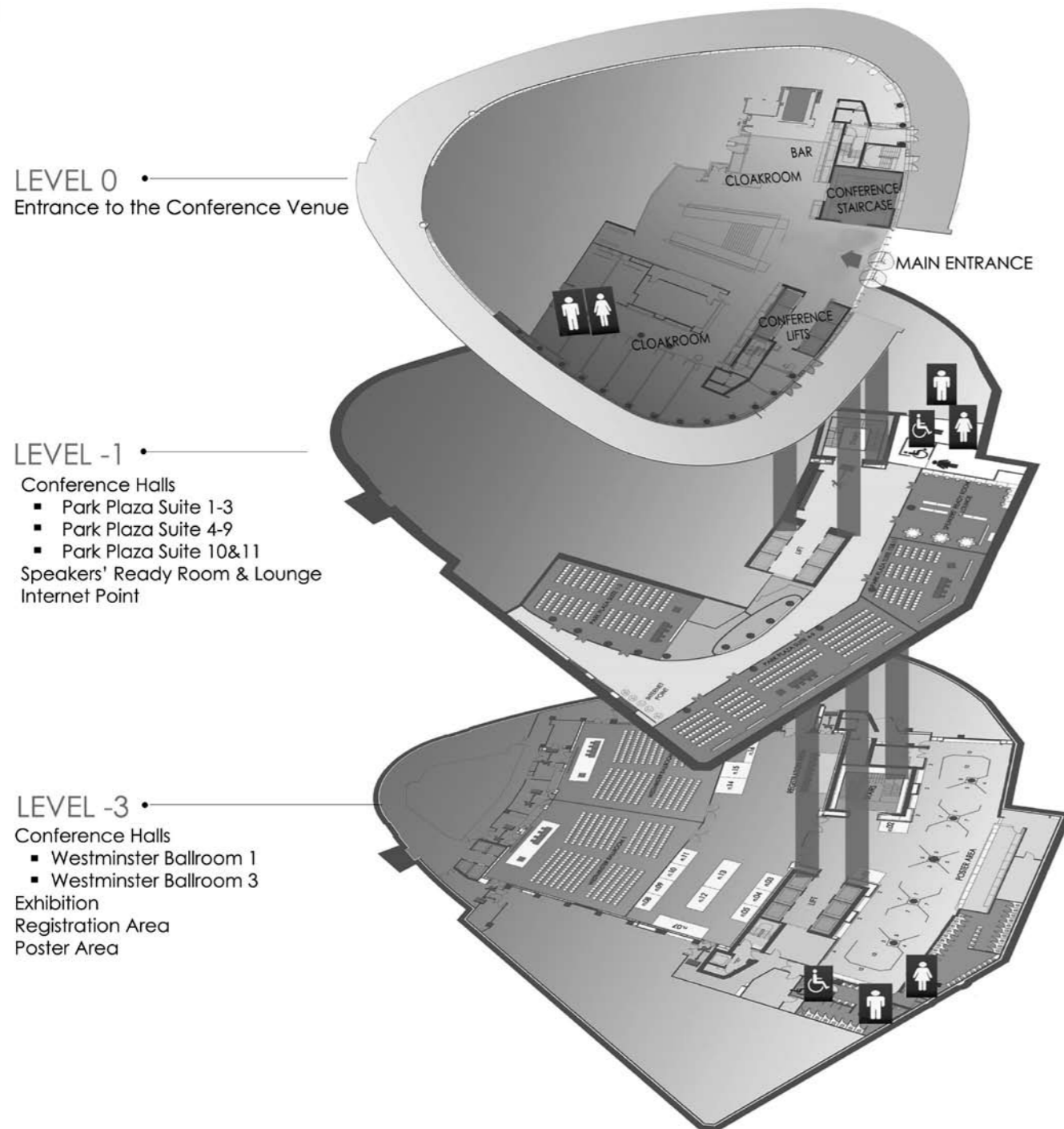


Specialists in association management and international conference organisation. The Group provides integrated services in the entire spectrum of conference organisation, corporate events and marketing communications. It holds a leading position in Southeast Europe having successfully delivered over 1,900 international events and conferences with participation from 200 to 20,000 delegates.

For more information please visit www.candc-group.com

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Venue Plan



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Important Information

Conference Venue

Ideally located on the banks of the River Thames, **Park Plaza Westminster Bridge London** is directly opposite Big Ben and the Houses of Parliament. The hotel is within walking distance of several attractions, including the London Eye, the London Aquarium, the National Theatre and Royal Festival Hall. This London South Bank hotel is also just five minutes from the Waterloo and Westminster tube and mainline stations.

Park Plaza Westminster Bridge London

200 Westminster Bridge Road

London SE1 7UT

United Kingdom

Website: www.parkplaza.com/hotels/gbwestmi

Language

English is the official language of the Excellence in Child Mental Health. No interpretation is available.

Badges and Material

Name badges and the conference material will be provided on-site, at the Conference Registration Desk, to all registered delegates between 2 and 3 of December. It is necessary for all participants to wear their badges both in the conference and in the Exhibition Area.

Certificate of Attendance

A certificate of attendance will be issued to all registered delegates. Delegates can collect their Certificate at the Conference Secretariat upon completion of the Conference evaluation form.

Liability and Insurance

Delegates are advised to arrange health and accident insurance before travelling to the Conference. The Conference Organisers cannot accept liability for personal injury or loss/damage to property and belongings of delegates during the Conference or their stay in London.

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Continuing Medical Education (CME)



RCPCH
Royal College of
Paediatrics and Child Health
Leading the way in Children's Health

Excellence in Child Mental Health is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS), www.uems.net.

Excellence in Child Mental Health is designated for a maximum of **6 hours of European external CME credits**. EACCME credits are recognised by the American Medical Association towards the Physician's Recognition Award (PRA). To convert EACCME credit to AMA PRA category 1 credit, contact the AMA (www.ama-assn.org).

For UK participants

Paediatricians attending this event may claim up to **4 Clinical External CPD credits**, in accordance with the current Royal College of Paediatrics & Child Health CPD guidelines. EACCME credits are recognised by the Royal College of Physicians (London, Glasgow and Edinburgh).

First Aid

First aid is provided on site. In case of emergency, please notify the Conference Secretariat.

Mobile Phones

Delegates are kindly requested to switch off their mobile phones during the conference sessions.

Programme Changes

Due to circumstances beyond the control of the Conference Organisers, last-minute changes to the programme may be unavoidable. All information included in this programme is accurate until the day of printing, 15 November 2010.

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Registration

You may register on-site at the Conference Secretariat, which will be operating at the following dates and times:

2 December 2010 08:30-20:00
3 December 2010 08:00-20:00

Conference Registration Fees (VAT included)

REGISTRATION TYPE	PARTICIPATION TO EXCELLENCE IN CHILD MENTAL HEALTH 2010
	ON-SITE Registration 2-3 December 2010
Full Delegates / Trainees*	270€
Allied Health Professionals*/ Nurses**	190€
Accompanying Persons	110€

All prices are quoted in Euros. Payment will also be accepted on-site in British Pounds sterling (£).

* Trainees and Allied Health Professionals are kindly requested to provide the Conference Organisers with an official proof of status from the Institution/Hospital they practice their specialty in.

** Nurses should provide a certificate of employment / confirmation letter issued by their employer.

NOTE: You can pay your registration fee by cash or credit card (Visa, MasterCard). Personal cheques are not accepted.

Registration entitlements for Full Delegates, Trainees, Allied Health Professionals and Nurses

- Participation in all scientific sessions
- Attendance to selected scientific sessions of the "Excellence in Paediatrics" conference on 3 December (*)
- Entrance to the exhibition area of the "Excellence in Paediatrics" Conference
- Participation in the Opening Ceremony
- Participation in the Welcome Reception of the "Excellence in Paediatrics" Conference on 2 December
- Conference Materials
- Coffee Breaks on 3 December
- Light Lunch on 3 December
- Certificate of attendance (CME credits)

Registration entitlements for accompanying persons

- Participation in the Opening Ceremony
- Participation in the Welcome Reception of the "Excellence in Paediatrics" Conference on 2 December
- City tour on 3 December

For your information, please bear in mind that the registration fees do not include the insurance of participants against accidents, sickness, cancellation, theft, property loss or damage. Participants are advised to take out adequate personal insurance.

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(*) The selected scientific sessions of the Excellence in Paediatrics Conference are the following:

Friday, 3 December 2010

WESTMINSTER BALLROOM 1

Plenary Lecture "Autism"

Chairperson: Panos Vostanis

Speaker: Anne O'Hare

WESTMINSTER BALLROOM 3

Debate "Controversies on ADHD"

Moderator: Prof. Hans-Christoph E. Steinhausen

Speakers: Eric Taylor, "Limitations of Medication and Minimizing Harm"
David Coghill, "Benefits of Medication"

Information for Speakers

Audiovisual Equipment

A Speakers' Ready Room will be operating throughout the duration of the Conference. Speakers are kindly requested to hand in their presentation (USB-key, CD-ROM, DVD) at least one (1) hour before their scheduled presentation time. If your presentation is scheduled early in the morning, you are kindly requested to check your presentation at the Speakers' Ready Room the day before. All versions of MS PowerPoint are accepted, including Mac. If you are using embedded video clips in your presentation, please remember to submit video files separately.

The following equipment will be available:

- PC
- Data video projector (PowerPoint presentations)

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SCIENTIFIC INFORMATION

Scientific Programme

Friday, 3 December 2010

WESTMINSTER BALLROOM 3

10.15-10.45 OPENING & KEYNOTE LECTURE

Advances and Challenges for Child Mental Health Services - International Perspective

CHAIRPERSON: Prof. Panos Vostanis

SPEAKERS: Prof. Hans Steiner, Prof. Panos Vostanis

10.45-11.30 LECTURE

Epidemiological Trends

CHAIRPERSON: Prof. Hans Steiner

SPEAKER: Prof. Frank Verhulst

WESTMINSTER BALLROOM 1

11.30-12.00 PLENARY LECTURE

(within the context of Excellence in Paediatrics)

Autism

CHAIRPERSON: Prof. Panos Vostanis

SPEAKER: Prof. Anne O'Hare

WESTMINSTER BALLROOM 3

12.00-13.00 CURRENT ISSUES IN ADOLESCENCE

CHAIRPERSON: Prof. Niranjan Karnik

Eating Disorders

SPEAKER: Prof. Simon Gowers

Early Onset Psychosis

SPEAKER: Prof. Swaran P. Singh

13.00-14.00 Lunch Break

Friday, 3 December 2010

WESTMINSTER BALLROOM 3

14.00-15.00 ROUND TABLE

Conduct Disorders

CHAIRPERSON: Prof. Panos Vostanis

Maladaptive Aggression and Its Psychopathologies: Basic Science and a Rational Taxonomy

SPEAKER: Prof. Hans Steiner

From Community to Pharmacology: The Integrative Treatment of Young Offenders

SPEAKER: Prof. Niranjana Karnik

15.00-15.30 LECTURE

CHAIRPERSON: Prof. Niranjana Karnik

Physical Illness and Child Mental Health

SPEAKER: Prof. Elena Garralda

15.30-16.00 Coffee Break

16.00-17.00 DEBATE

(within the context of Excellence in Paediatrics)

Controversies On ADHD

MODERATOR: Prof. Hans-Christoph E. Steinhausen

Limitations of Medication and Minimizing Harm

SPEAKER: Prof. Eric Taylor

Benefits of Medication

SPEAKER: Prof. David Coghill

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Speakers, Chairpersons & Moderators Index

- **David Coghill**
Senior Lecturer in Child and Adolescent Psychiatry, Lead for the Developmental Research Group, University of Dundee, Dundee, Scotland, UK
- **Elena Garralda**
Professor of Child and Adolescent Psychiatry, Imperial College London, St. Mary's Campus, London, UK
- **Simon Gowers**
Professor of Adolescent Psychiatry, University of Liverpool, Academic Unit, Chester, UK
- **Niranjana Karnik**
MD, PhD, Assistant Professor of Psychiatry & Behavioral Neuroscience, The University of Chicago, Maryland, Chicago, Illinois, USA
- **Anne O'Hare**
Professor, Child Life & Health and Consultant Paediatrician, University of Edinburgh and Royal Hospital for Sick Children, Edinburgh, Scotland, UK
- **Swaran P. Singh**
MBBS MD FRCPsych DM, Professor of Social & Community Psychiatry, Health Sciences Research Institute, Warwick Medical School, University of Warwick, UK
- **Hans Steiner**
Professor Emeritus of Psychiatry, Stanford University, School of Medicine, Stanford, California, USA
- **Hans-Christoph E. Steinhausen**
Professor & Chair of Child And Adolescent Psychiatry, Psychiatric Hospital Aalborg, University Hospital Aarhus, Aalborg, Denmark
- **Eric Taylor**
Emeritus Professor of Child and Adolescent Psychiatry, King's College London Institute of Psychiatry, London, UK
- **Frank Verhulst**
Professor, Netherlands Institute for Health Sciences, Director, Child and Adolescent Psychiatry, Erasmus University and Sophia Children's Hospital, Rotterdam, The Netherlands
- **Panos Vostanis**
Professor of Child Psychiatry, University of Leicester, Greenwood Institute of Child Health, Leicester, UK

GENERAL INFORMATION

Social Event

WELCOME RECEPTION

Date: **Thursday, 2 December 2010**
Time: **19.30 – 20.30**
Venue: **Park Plaza Westminster Bridge London**
Dress Code: **Smart casual**

About London

The City of London is one of the most beautiful and interesting places to visit on our planet. From its many awe inspiring museums to its lovely parks and gardens, London is a delight. It is the capital of England and the United Kingdom, the largest metropolitan area in the United Kingdom and has been a major settlement for two millennia. London is one of the world's foremost financial, commercial, industrial, and cultural centres. Major cultural institutions include the British Museum, National Gallery, Tate Gallery, Tate Modern, and the Victoria and Albert Museum. Among its landmarks are the remains of the city's Roman walls, Buckingham Palace, the Houses of Parliament, the Tower of London, Trafalgar Square, and Westminster Abbey to name but a few.

Taxis

London's classic black cabs also come decorated in a dazzling palette of colours these days. Black cabs can be hailed in the street or at designated ranks situated in prominent places, including many mainline rail, Tube and bus stations. They can also be booked by telephone (Transport for London – TfL - on 0845 300 7000) or picked up off the street.

Credit Cards

Most major credit cards are accepted in restaurants and shops.

Currency and Exchange

The national currency of United Kingdom is the Pound. Exchange can be secured from local and exchange offices, which usually charge a commission fee. Banks are open Monday to Friday from 09.30 am to 16.30 pm. Some branches open on Saturday 09.30 - 12.00 and others offer extended opening hours.

ATM

ATMs are located all around the city.

Telecommunications

The international access code for United Kingdom is +44. The outgoing code is 00 followed by the relevant country code (e.g. 001 for the USA or Canada). Public payphones are available throughout the city. For information concerning mobile phone use in the United Kingdom (telephone transmissions are based on GSM technology), please ask your provider.

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Time

United Kingdom is GMT/UTC 0. London 12:00 – New York 07:00 – Sydney 21:00.

Climate

In December, London has an average high temperature of 7°C and an average low temperature of 1°C.

Electricity

The voltage in the UK is 230/240V AC, 50Hz. Voltage converters are needed for most devices brought from outside UK. Sockets accept only three-(square)-pin plugs, so an adapter is needed for continental European and US appliances. A transformer is also needed for appliances operating on 110-120 volts.

Water

Tap water is drinkable in London.

Shopping Hours

Core opening hours for London shops are 10am to 6pm, Monday to Saturday. Many shops also open for a reduced number of hours on Sundays. Shops often stay open later in London's West End and at large shopping centres such as Westfield London. Some London shopping areas have designated late night shopping evenings, often held on Thursdays or Fridays.

Healthcare

Emergency and urgent medical care is available at hospital Emergency rooms at the hospitals with an emergency telephone number, 999, for 24-hour access to emergency medical assistance throughout United Kingdom. If transport to a hospital is required, an ambulance is sent - if transport is not required the First Aid Service is sent.

Emergency Phone Numbers

Ambulance	Tel. 999 (24 hours)
Emergency Fire Brigade	Tel. 999 (24 hours)
Police	Tel. 999 (24 hours)
Poisoning Treatment Center	Tel. 0870 243 2241
Red Cross	Tel. 02071 3879 00
Telephone Directory Service	Tel. 08700112201
London Metropolitan Tourism Police	Tel. 0300 123 1212
Heathrow International Airport (Information Service)	Tel. 0844 335 1801
Gatwick International Airport (Information Service)	Tel. 0844 335 1802
Stansted International Airport (Information Service)	Tel. 0844 335 1803

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ACKNOWLEDGEMENTS

The Organisers of the Excellence in Child Mental Health conference would like to thank the following company/journals:

Exhibitor



Journals

Zeitschrift für Kinder- und Jugendpsychiatrie und Psychotherapie



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1-3 DECEMBER 2011

ISTANBUL, TURKEY



See you in Istanbul next year!

Now that you have experienced the pre-launch of Excellence in Child Mental Health, make sure you don't miss the inauguration of the full conference in December 2011.

SAVE THE DATES

1-3 December 2011

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